



What parents say about **Upward Flag Football & Cheerleading**:

"The friendliness of the entire staff and welcoming atmosphere make this a wonderful experience."

"I love the entire environment. The support in the league is tremendous. It was a refreshing change from the leagues we have been associated with in the past."

"One of the best youth programs around, and we have experience with a lot of them. Keep up the great work."

"I appreciate how well organized everything is."

"This was our first year and our first experience with any kind of organized sport. Our son had a great time, liked his coaches and learned to play football."

"Our sons have already asked about signing up next year. With most sports, by the end of the season, they are done for awhile. Everyone involved with the Upward program deserves a round of applause for their efforts."

"The volunteers are totally dedicated and make sure the experience is great for everyone. One of the best youth programs around and we have experience with a lot of them. Keep up the great work!"

"Loved that the kids could play a game without it taking all time away from the family. Loved how every Monday and Sat. we could expect a practice and game and could plan accordingly. Great organization."

"Our son really enjoys this and we are glad he is able to be a part of it. Learning the game, having fun and learning more about God as well."

"My son enjoyed the program. He learned the game of football. He wants to play again next year."

"The kids had a great season and loved every minute of it!"

"We had a great experience. Thank you for a fantastic season. Love the quality of the jerseys and the energetic and enthusiastic atmosphere."

"Great league! Glad our son was a part of it!"

"We loved the warm, friendly atmosphere, and the efficiency of getting kids where they needed to be. The families and coaches were amazing...the way all of the kids get to play...just can't say enough about this great program."

"Every child gets fair playing time. Love the pre-game entrance onto the field!"

"I love that solid football strategy is taught along with sportsmanship and character."

"I especially liked the coaches, who seemed to grasp that this is more than just a game, but an opportunity to invest in kids through a game."

"It was well run and the communication was great for games, practices and other events."

"It was very well organized and I appreciated that it always started and ended on time. Having the full schedule at the beginning of the season also helps quite a bit to allow us to plan accordingly."

"The positive atmosphere fostered by all of the volunteers."

"We liked the schedule and the spiritual lessons taught. My son loved running out of the tunnel. I also liked that everyone gets a chance to play every position."

"This was our son's first experience with flag football, and he had a great time. It was a really positive environment."

"My son had such a blast! So great to join friends on the field to learn a great game! Thank you to the coaches for creating an environment of inclusion for all of the boys!"

"Family atmosphere, coaches, and playing field were excellent."

"This is our 2nd year with Upward. We love how everyone on that field treats everyone with respect."

"Upward does a ton of things right: 1) They stick to a firm schedule 2) They don't overload practices/games 3) They preach fair play 4) It's about having fun with a message. Love it."

"The kids always have a great time and the atmosphere is fun and upbeat."

"The schedule was perfect for our family."

"Everything is very organized and communication from league to coaches is great."

"Organized, great communication from head coach, head coach very calm with kids...great teacher."

"The coaches taught more than just football. The team meetings, lifting others up."

"It was my son's first year and he really enjoyed it. He has some issues with learning and his coach was so patient and took time to really explain things. It gave him a boost of confidence."

"Loved the coaches & the organization! Such a positive experience for our entire family! Job well done!"